Large country small population: Providing FASD support in a digital world

Presenter: Tanzi Collinge
NOFASD Australia
NOFASD Australia

A national organisation incorporated in 1999.

Funded by the Department of Health to:
• Provide an online and telephone helpline
• Assist with referrals
• Deliver training to parents, carers, service providers
• Reduce the prevalence of FASD through prevention campaigns

Our annual funding covers almost 3 full time staff positions.
Australia – a dispersed population

Population densities:
• Australia: 2.8
• Canada: 3.7
• USA: 92
• Germany: 233
NOFASD helpline

• Pregnant women, parents and carers, individuals, health professionals, teachers and others

• Telephone and email support, 7 days per week

• Information and resources

• Referral list of FASD specialist clinics

• Low cost – no office infrastructure
A whole network of support is in place now through NOFASD’s information and connections. It was great to speak to someone that understands. The key thing is I can be so open without being judged.
NOFASD website

A resource for parents/carers and professionals

• Description of FASD, information about diagnosis
• FASD fact sheets, including strategies
• Online resources – printable documents, booklets, videos, reading lists, online training, news, research
• Webinars, downloadable PowerPoint presentation
Blogs

News, new resources and prevention messages

SUPPORTING ADULTS WITH FASD

NATIONAL FASD STRATEGIC ACTION PLAN 2018 – 2028

GUIDE FOR EMPLOYMENT PROFESSIONALS

ALCOHOL AND PREGNANCY
Social media - Prevention campaigns

National Organisation for Fetal Alcohol Spectrum Disorders (NOFASD) Australia

24 days until Christmas! If you know anyone who is pregnant, or could become pregnant, please support them to stay alcohol-free this holiday season! Read more in the link below

NOFASD.ORG.AU
CELEBRATING CHRISTMAS - NOFASD Australia
Facebook Twitter LinkedIn Google+ As the silly season approaches and...
NOFASD training

Provided across Australia

• Information workshops

• Train it Forward
  – For maximum reach at minimum cost
  – Participants receive knowledge and resources to deliver workshops in their communities

Valuable training and skill development for presenting this information to others.
Printed materials

• Parent Support Packs – distributed by diagnostic clinics
• FASD fact sheets
• Posters
• Brochures
• Pregnancy information cards for GP clinics
• Advice cards
Advice cards

Posted free of charge to parents and carers

Thank you for being understanding...

This is a Brain Disorder like Autism, FASD, and Acquired Brain Injury

Not Misbehaviour

My parenting is not at fault
My child is struggling right now

- My child is not misbehaving; my child has a Brain Disorder.
  You are witnessing a meltdown.
- You may observe shouting, swearing, a repetitive verbal argument or phrase, or some other form of socially inappropriate behaviour.
- We are doing our best to handle this situation in a manner that has the greatest chance of success.
- Please do not stare, comment, or interfere unless we request help.

If you want to learn more, visit: www.nofasd.org.au
Advice cards

An international collaboration

- I am sorry that my child’s behavior is disruptive.
- My child is not misbehaving; my child is not at fault.
- You are witnessing a meltdown.
- You may observe shouting, cursing, tears, or some other form of outburst.
- We are doing our best to handle the situation. We have the greatest chance of success with your help.
- Please do not stare, comment, or interfere unless we request it.
- If you want to learn more, visit NOFASD Australia.

Thank you for being understanding.

This is a Brain-based disorder.

Like Autism, FASD, Not Misbehaviour.

My parenting is not at fault.
My child is struggling right now.
Thank you!

Questions?
How do you support families living with FASD?
Themes

• The impact of FASD on child quality of life and family functioning
• The importance of timing and quality of the diagnostic process and feedback to caregiver experience, including provision of information regarding a range of supports and health issues
• Limitations in and difficulties accessing health care services for children with FASD
• Caregiver engagement in and with FASD clinical service and research
Thank you