

Perinatal Services BC's 3rd Biennial Conference

Healthy Mothers and Healthy Babies

Working Together to Improve
Perinatal Outcomes

March 1 - 2, 2018

Sheraton Vancouver Airport
Richmond, BC

POST CONFERENCE REPORT

HOSTED BY:



**Perinatal
Services BC**
An agency of the Provincial
Health Services Authority



THE UNIVERSITY OF BRITISH COLUMBIA

Interprofessional
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PSBC'S 3RD BIENNIAL CONFERENCE - HEALTHY MOTHERS & HEALTHY BABIES

Working Together to Improve Perinatal Outcomes

This conference was hosted by Perinatal Services BC, an agency of the Provincial Health Services Authority in collaboration with UBC's Interprofessional Continuing Education. It was an opportunity for health care professionals interested in the care of pregnant and postpartum women and their newborns to be updated on new research and clinical best practices across the continuum of perinatal and newborn care. This conference engaged health care professionals from a wide range of disciplines in knowledge transfer and interprofessional collaboration in order to provide the best care possible and ensure healthy mothers and babies. The format included plenaries, breakout sessions, poster sessions, and networking opportunities.

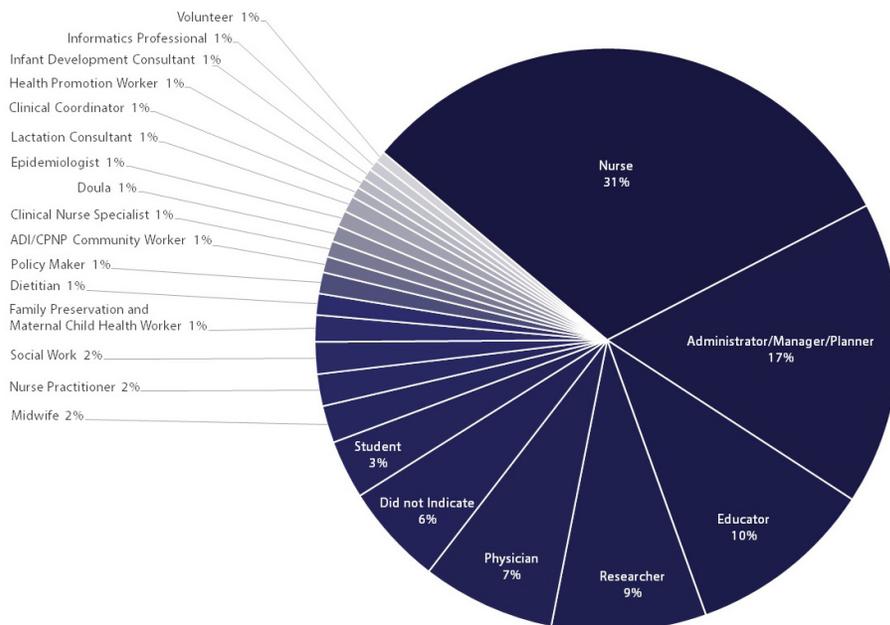
ATTENDEE STATISTICS

A total of 365 individuals attended the conference, which was held at the Sheraton Vancouver Airport in Richmond, British Columbia. The majority of participants (97.2%) came from Canada, and there was representation from most provinces and territories. Please refer to the table on the right for a breakdown of Canadian attendees. International participation was represented by the following countries: Australia, United Kingdom and the United States.

More than 25 professions were represented at the conference. Major professional groups included: Nurses, Administrators/Managers/Planners, Educators and Researchers. The chart below indicates the representation of professions.

CANADA

| | |
|---------------------------|------------|
| Alberta | 13 |
| British Columbia | 307 |
| Manitoba | 8 |
| New Brunswick | 0 |
| Newfoundland and Labrador | 3 |
| Nova Scotia | 0 |
| Northwest Territories | 1 |
| Ontario | 15 |
| Prince Edward Island | 0 |
| Quebec | 3 |
| Saskatchewan | 4 |
| Yukon Territory | 1 |
| Total | 355 |



PARTICIPANT FEEDBACK

We are very proud to report that the overall rating of the program was high, based on the responses provided by our participants on the evaluation questionnaires. The conference received 4.22 out of 5 in its overall rating. This year's agenda offered a wide variety of topics, delivered in a well balanced mix of plenary presentations and concurrent workshops. Opportunities for networking, both within professional groups and interprofessionally, were also available. It was clear from participants' feedback that the sessions they attended were greatly appreciated. This was not only due to the quality of the input from speakers but also to the richness and pertinence of the discussions.

Other aspects of the conference that were widely appreciated were the networking opportunities, where participants could learn from what other organizations and professionals are doing. Many participants felt that the Networking Reception held on Thursday, March 1, 2018 facilitated in sharing a wealth of ideas and resources that they could bringing back to their communities and practices.

The diversity of topics and speakers was also widely complimented as presentations were of interest to a wide range of professionals, which is what allowed for this conference to work on such an interprofessional level. Some of the most highly evaluated sessions were:

Plenary Session: Improvisation and the Art of Medicine: Adaptable Skills for an Uncertain World by Belinda Fu

- Belinda's presentation was interesting - a new concept for me. It made complete sense and I kept hearing her presentation referred to throughout the conference.
- I loved this! Her discussion was fabulous and the small exercises had a great impact. I could imagine using or participating in something like this with other education within our hospital.
- Very innovative approach. Really enjoyed her talk. Refreshing and different out of the "box" approach!

Plenary Session: Vaginal Seeding and Placentophagy: Understanding the Controversy by Chelsea Elwood

- She was a riot!!! Thoroughly enjoyed her candid humor and thoughtful presentation manner for a controversial subject.
- Interesting topic, and so relevant. It really stood out to me as something that I would love to learn even more about. I've already had colleagues reach out this week with questions, and attending this session helped me to answer their question thoughtfully and clearly. I really appreciated that a unique topic like this was included, as we know it is happening but it's not talked about very much.
- Chelsea is brilliant at knowledge translation!

BC Success Stories Panel: Shaping Practice to Promote Vaginal Birth in BC by Patricia Janssen, Glen Hamill, Jacobus Strydom, Brenda Wagner

- This was eye opening and gave us lots to think about regarding cultural issues. But it also gave us a scientific reason to address those issues. It was great.
- I appreciated the time here for Q&A. This session was enjoyable because the outcomes were from recognizable and local hospitals, making the results a bit more personal.
- This brought me to tears, I wanted to run over and hug you all and then put you on a plane to go talk some sense to my local OB's and doctors!!

C3ii: Benefits of Kangaroo Care: Patient and Provider Perspectives by Michelle Peltier and Horacio Osioivich

- Touching story! It is undeniable the positive effects of skin to skin contact on baby + mom (or dad)! Hopefully all hospitals will get on board with immediate and continuous skin-to-skin! Amazing data from Dr. Osioivich that correlated perfectly with the moms' story
- Thank you Michelle for sharing your experience. Inspirational in helping us promote continuity of care between hospitals across BC.

D2ii: Support in the Perinatal Period for Women Struggling with Addiction: A Trauma Informed Approach by Jan Ference and Alison McLean

- Helped change my opinion on moms+babies rooming together to promote attachment. Great talk to change the stigma!
- Amazing talk! I am amazed by this program. Excellent speakers!
- Amazing work you do! Hope you are able to continue and prosper.



I appreciated the discussions/presentations regarding addiction and prenatal care - these were very timely and something I think needs a great deal of discussion and clarity to help healthcare providers provide the most up-to-date care.



Many of the sessions gave myself and my coworkers ideas to better serve the population that needs our services most. Being proactive instead of reactive...improvisation... language... I found the conference as a whole provided so many great perspectives that I will take into my practice and even my personal life as well.





ACKNOWLEDGEMENTS

We would like to acknowledge the dedication and hard work of the planning committee who worked closely on this conference for past year and a half. As well, we would like to thank all of the conference presenters who took time out of their busy schedules to present. A special thank-you to the patients who presented - their first-hand experiences greatly enhanced the understanding of the topics, and their impact in the real world. We would also like to thank and acknowledge the following organizations for their generous financial contributions: Northern Health, Provincial Health Services Authority, BCIT, BC Nurses' Union, the BC Children's Hospital Research Institute, MoreOB, and the Women's Health Research Institute at BC Women's Hospital. We also greatly appreciate the printing support received from RR Donnelley. Without the work and support of the conference committee, financial contributors and speakers, this conference would not be possible.



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