



The 7th Biennial Conference on
Developmental Disabilities:
Health & Wellbeing across the Lifespan
VIRTUAL CONFERENCE: November 26 - 27, 2020



THE UNIVERSITY OF BRITISH COLUMBIA

Interprofessional
Continuing
Education

PRESENTED BY:



IN COLLABORATION WITH:

NEURODEVELOPMENTAL DISORDERS PROGRAM

DESCRIPTION

The term developmental disabilities (DD) refers to people with intellectual disability, autism spectrum, fetal alcohol spectrum and related neurodevelopmental genetic syndromes. Children, youth, and adults with DD are vulnerable to high rates of general health and mental health concerns. This interactive 2020 conference will focus on practical strategies to optimize the quality of life for people with DD. Our goal is to help clinicians and caregivers learn effective ways to work with people with DD, and their families, in partnership to improve their quality of life experience. The conference will also provide educational and informative psychiatric, behavioural, mental health, and complex physical health updates specific to people with DD, and showcase best practices in the field. This conference will engage health care providers and educators from a wide range of professional disciplines in knowledge transfer and interdisciplinary collaboration.

OBJECTIVES

- Review evidence based clinical best practices in physical, mental health and education for people with DD
- Explore new research in physical, mental health and education for individuals with DD
- Identify core issues and challenges facing individuals with DD and their families
- Consider ways to build partnerships to maximize health and wellbeing
- Develop connections, share knowledge and common experiences with others involved in the field of DD

WHO SHOULD ATTEND

- ABA Therapists
- Audiologists
- Behaviour Consultants/Interventionists
- Caregivers
- Case Managers/Planners
- CLBC Staff
- Counselors
- Dental Hygienists
- Dentists
- Educators
- FASD Keyworkers
- First Nations Health Authority Staff
- Government Officials & Ministry Staff
- Health Authority Staff
- Lawyers
- Mental Health Therapists
- Multicultural & Refugee Service Providers
- Music/Art Therapists
- Nurses/Nurse Practitioners
- Nutritionists
- Occupational Therapists
- People with DD and their Families
- Pharmacists
- Physical Therapists
- Physicians
- Policy Makers
- Program Managers
- Psychologists
- Researchers
- Social Workers
- Speech & Language Therapists
- University & College Programs

REGISTRATION AND TUITION FEES

REGISTER ONLINE: www.interprofessional.ubc.ca/initiatives/dd2020/registration.

DATE: November 26 - 27, 2020

TIME: 8:30am - 12:30pm PST / 11:30 - 3:30pm EST each day*. Please note that the times may change by +/- 30 minutes.

FEES: Registration fee includes access to the conference portal for the days registered, networking opportunities as well as viewing of all session recordings for two weeks after the conference adjourns.

Early-bird Rate | before/on Oct 30, 2020 \$130

Regular Rate | after Oct 30, 2020 \$160

Individual Day Rate

Thursday, Nov 26, 2020 ONLY \$85

Friday, Nov 27, 2020 ONLY \$85

Full-Time Student Rate \$75

Parent Rate** \$50

All rates are quoted in \$CAD and the tuition fee includes 5% GST.

*The timing of the final program may change slightly

** Available only for parents who do not work in the area of DD.

REFUND AND CANCELLATION POLICY

The conference organizers reserve the right to cancel the conference if registration is insufficient. In the event of cancellation, a full refund will be provided, and you will be placed on the priority list for the next conference. There will be a \$50 cancellation fee for cancelling up to two weeks prior to the conference (all fees incl. taxes). No refunds will be made for cancellation after November 12, 2020.

If you are unable to attend the conference, you are welcome to send a colleague in your place. For transfer terms and conditions, please refer to: www.interprofessional.ubc.ca/initiatives/dd2020/registration. By registering for the conference, you are agreeing to the terms and conditions listed on this page.

CERTIFICATE OF ATTENDANCE

In order to receive a digital certificate of attendance stating the number of hours of education, you will be sent an email with instructions after the conference.

CONFERENCE COMMITTEE

Elena Lopez | Conference Co-chair, MD, MSc, FRCPC, FCCMG, Clinical Geneticist, Developmental Pediatrician, Sunny Hill Health Centre for Children

Bruce Pipher | Conference Co-chair, MD, FRCPC, Clinical Director, Developmental Disabilities Mental Health Support team/Interior Health Children's Assessment Network; Clinical Assistant Professor, University of British Columbia

Katrina Carlucci, Self-Advocate; Student, University of British Columbia, Vancouver

Marta Carlucci, BCR, Parent of a Daughter with Diverse Abilities; Partner, Hive & House Consulting, North Vancouver

Angela Clancy, Executive Director, Family Support Institute

Leanne Dospital, MA, Advocate for Service Quality, Ministry of Social Development and Poverty Reduction

Robin Friedlander, MD, FRCPC, Head, Neuropsychiatry Clinic, BC Children's Hospital; Psychiatrist, Vancouver and Fraser Developmental Disabilities Mental Health Services; Clinical Professor, Department of Psychiatry, University of British Columbia

Theresa Grech, MC, CCC, CPRP, Canadian Certified Counsellor and Certified Psychiatric Rehabilitation Practitioner, TMG Counselling Group; Clinical Faculty, Developmental Disorders Program, UBC

Kristina Hiemstra, BSocSc, Director, UBC Interprofessional Continuing Education

Nancy Jokinen, MSW, PhD, Adjunct Professor, University of Northern British Columbia; Co-lead, NTG Canadian Consortium on Dementia & Intellectual Disabilities.

Rod Macdonald, MSW, Regional Manager – Community Resource Team, Health Services for Community Living and Choice in Supports for Independent Living, Home Health Portfolio, Fraser Health Authority, New Westminster

Charmaine Miranda, Registered Psychologist, Compass Clinic, British Columbia

Kelli Paddon, BA, CCDP, Manager of Policy, Community Living BC, Vancouver, BC

Vikram Palanisamy, MD, MRC Psych, DCP, FRCPC, Psychiatrist, Developmental Disabilities Mental Health Services, Fraser Health; Psychiatrist, Provincial Assessment Centre, Community Living BC

L. Michelle Ross, MD, CCFP, Vancouver, BC

Michelle Schmidt, PhD, Director of Instruction, Student Support, School District No. 36, Surrey, BC

Nancy Warkentin, RN, BScN, Interior Health Authority; Nursing Consultant, Health Services for Community Living, Cranbrook

PROGRAM AT A GLANCE

***All times in PST. Please see the next pages for EST.**

The times may change by +/- 30 minutes

Thursday, November 26

8:30 AM	Welcome, Opening Remarks, and Traditional Welcome from Musqueam: Bruce Pipher, Sophie Young, Mandy Young, Richard Campbell, Elder & Knowledge Keeper
8:50 AM	Plenary Presentation: Ross Chilton
9:40 AM	Stretch Break & Poster Viewing / Meeting Hub
10:00 AM	Plenary Presentation: Courtney Harrop
10:45 AM	Transition: Poster Viewing / Meeting Hub
11:00 AM	Plenary Presentation: Alison Gerlach
11:30 AM	Transition: Poster Viewing / Meeting Hub
11:40 AM	Plenary Presentation: Nan Stevens, Florriann Fehr, Jane Hailey
12:30 PM	Adjourn

Friday, November 27

8:30 AM	Opening Remarks: Elena
8:35 AM	Plenary Presentation: Kenneth Rockwood
9:30 AM	ePoster Sessions
10:05 AM	Plenary Presentation: Tim Oberlander
10:40 AM	Stretch Break / Networking
10:55 AM	Plenary Presentation: Barry Isaacs, Janet Vogt, Maria Huijbregts
11:45 AM	Plenary Presentation: Jennifer Baumbusch
12:15 PM	Transition: Poster Viewing / Meeting Hub
12:25 PM	Closing Performance & Closing Remarks: Scott Jessey, Elena Lopez, Bruce Pipher
12:35 PM	Adjourn

CONFERENCE UPDATES

For conference updates, please visit: www.interprofessional.ubc.ca/initiatives/dd2020.

THURSDAY, NOVEMBER 26

8:30 AM Conference Welcome

PST
(11:30 AM EST) **Bruce Pipher | Conference Co-chair, MD, FRCPC, Clinical Director, Developmental Disabilities Mental Health Support Team and Interior Health Children's Assessment Network; Clinical Assistant Professor, University of British Columbia**

Opening Remarks

Sophie Young, Nine year old self advocate, Living with Prader-Willi Syndrome and Autism Spectrum Disorder

Mandy Young, Provincial Family Support Coordinator, Family Support Institute of BC; President, BC Prader-Willi Syndrome Association, North Vancouver, BC

Traditional Welcome from Musqueam

Richard Campbell, Elder & Knowledge Keeper

8:50 AM Reimaging Community Inclusion in the Midst of a Global Pandemic

PST
(11:50 AM EST) **Ross Chilton, MA, CEO, Community Living BC, New Westminster, BC**
British Columbia, like most jurisdictions, excluded individuals with developmental disabilities (DD) for decades by housing them in large institutions. Since the closure of those institutions, self-advocates, with the support of their families, have pursued inclusion and belonging. They helped the government form Community Living BC in 2005, a crown corporation with a mandate to provide a range supports that complement family and community supports. In 2018 Minister Shane Simpson launched the Reimaging Community Inclusion (RCI) initiative to engage and consult a broad range of stakeholders to assess the current status of inclusion and to determine the priorities for the next ten years. The RCI Leadership Group was re-established in early 2019 with the mandate of advancing inclusion priorities related to housing, employment, health, and support for Indigenous Peoples with DD. The CEO of Community Living British Columbia will share some of the learnings of the past, lessons learned during the COVID-19 pandemic, and discuss the opportunity to advance meaningful inclusion for individuals with DD.

Learning Objectives

- Demonstrate the opportunity to advance inclusion and belonging supporting quality of life
- Describe how the focus on employment, housing, and health leads to positive social outcomes
- Acknowledge the need to develop culturally respectful ways of engaging Indigenous individuals and communities
- Recognize how the pandemic can fast forward our work on inclusion

9:40 AM Stretch Break & Poster Viewing / Meeting Hub

PST
(12:40 PM EST)

10:00 AM Tiwšamstawtšt (We will Teach Each Other)

PST
(1:00 PM EST) **Courtney Harrop, Aboriginal Supported Child Development Program, Tla'amin, Powell River, BC**

Learning Objectives

- Review and discuss findings and recommendations from the tiwšamstawtšt project that took place in the Tla'amin Nation
- Explore what is working, and what is not working for indigenous families receiving special needs supports and services from non indigenous service providers
- Acquire new ideas and strategies to implement and promote cultural safety practices when working with indigenous children with developmental disabilities

The times may change by +/- 30 minutes

10:45 AM **Stretch Break & Poster Viewing / Meeting Hub**

PST

(1:45 PM EST)

11:00 AM **Disrupting the Narrative of 'Hard to Reach Indigenous Families' - Advancing Trauma- and Violence-Informed Systems Change in Early Child Development and Intervention in British Columbia**

(2:00 PM EST)

Alison Gerlach, MSc, PhD, Assistant Professor, School of Child & Youth Care, Faculty of Human and Social Development, The University of Victoria, Victoria, BC

Learning Objectives

- Recognize how provincial and organizational early child development and intervention policies and procedures can create unintended harm for Indigenous communities and families who experience multifaceted forms of structural marginalization and violence
- Identify concrete exemplars of trauma- and violence-informed organizational policies and practices that can foster the active participation of Indigenous families who are raising young children with developmental disabilities
- Explore opportunities for translating a TVI approach to other organizational contexts in BC and other jurisdictions

11:30 AM **Poster Viewing / Meeting Hub**

PST

(2:30 PM EST)

11:40 AM **The Efficacy of Medical Cannabis as an Intervention for Children With Developmental and Neurological Disorders: Raising Awareness With Health Professionals and Educators**

(2:40 PM EST)

Nan Stevens, EdD, Assistant Professor, School of Education, Thompson Rivers University, Kamloops, BC

Florriann Fehr, PhD, Assistant Professor, School of Nursing, Thompson Rivers University, Kamloops, BC

Jane Hailey, MD, Clinical Associate Professor and Consultant Pediatrician, Faculty of Medicine, University of British Columbia, Vancouver, BC

Learning Objectives

- Identify three ways in which Medical Cannabis (MC) may help children or youth living with neurological disabilities
- Name three current scholars or studies that support MC as a credible treatment option for children with neurological disorders
- State the main reason why primary caregivers with loved ones living with Neurological Disorders seek MC treatment
- Name and defend two concerns, barriers, or challenges faced by caregivers who may wish to access MC as a treatment option
- State and defend main concerns or cautions expressed in the literature against using medical cannabis in the DD population

12:30 PM **ADJOURN**

PST

(3:30 PM EST)

The times may change by +/- 30 minutes

FRIDAY, NOVEMBER 27

8:30 AM Opening Remarks

PST **Elena Lopez** | **Conference Co-chair**, MD, MSc, FRCPC, FCCMG, Clinical Geneticist, Developmental Pediatrician, Sunny Hill Health Centre for Children, Vancouver, BC
(11:30 AM EST)

8:35 AM Ageing and Dementia in People Living With Developmental Disability

PST **Kenneth Rockwood**, MD, FRCPC, FRCP, Professor of Medicine (Geriatric Medicine & Neurology); Kathryn Allen Weldon
(11:35 AM EST) *Professor of Alzheimer Research, Dalhousie University, Halifax, NS*

The focus of this presentation will be on ageing in people living with Down Syndrome, the need to offer an individualized approach, especially to treatment, and the sometimes thorny question of autonomic dysfunction (low heart rate, constipation, bladder difficulties, impaired standing balance) that commonly accompanies and sometimes precedes dementia, which can go with that. The focus will be how to interpret what is being seen including distinguishing between what signs of neurodegeneration are and what might be ordinary willfulness.

Learning Objectives

- Review dementia diagnosis and treatment
- Discuss how and when to consider the diagnosis
- Outline in what treatment consists, and how to grapple with the sometimes tricky question of whether the treatment is working

9:30 AM Interactive Virtual ePoster Session *see page 8 for poster listing*

PST
(12:30 PM EST)

10:05 AM Pain in Children and Youth With Developmental Disabilities: Why Do Things Go Wrong Even When You Are Doing Everything Right

PST **Tim Oberlander**, MD, FRCPC, Investigator, BC Children's Hospital; Professor, Division of Developmental Pediatrics, Department of Pediatrics, University of British Columbia; Developmental Pediatrician & Attending Physician, Complex Pain Service, BC Children's Hospital and BC Women's Hospital & Health Centre, Vancouver, BC
(1:05 PM EST)

This presentation will introduce the learner to the nature and scope of pain in children with developmental disabilities, treatment options and then what to do when nothing seems to work ("therapeutic failure").

Learning Objectives

- Describe the nature of pain in children with developmental disabilities
- Establish an approach to getting started with pain assessment & management and navigating the challenges of the COVID-19 pandemic
- Develop an approach to 'therapeutic failure' (what to do when nothing works?)

10:40 AM Stretch Break & Networking

PST
(1:40 PM EST)

The times may change by +/- 30 minutes



10:55 AM
PST

(1:55 PM EST)

The Effects of COVID-19 and Physical Distancing Measures on People with Developmental Disabilities and Those Who Support Them: Perspective of Frontline Staff and Management

Barry Isaacs, PhD, Researcher; Director, Research, Evaluation and Education, Surrey Place, Toronto, ON

Janet Vogt, PhD, Senior Research Associate, Manager, Research, Evaluation and Education, Surrey Place, Toronto, ON

Maria Huijbregts, PhD, Director, Knowledge Building, Family Service Toronto, Toronto, ON

Learning Objectives

- Identify social, health and mental health effects of the COVID-19 pandemic and physical distancing measures on people with developmental disabilities and those who support them in Ontario
- Identify resources to meet the needs of people with developmental disabilities and those who support them during the pandemic
- Identify target areas for advocacy

11:45 AM
PST

(2:45 PM EST)

Lessons Lost? Healthcare Delivery for People with Intellectual and Developmental Disabilities during the COVID-19 Pandemic

Jennifer Baumbusch, PhD, RN, Associate Professor; CIHR Chair in Sex & Gender Science, University of British Columbia, Vancouver, BC

Learning Objectives

- Review the impact of COVID-19 on the healthcare delivery experiences of individuals with intellectual and developmental disabilities
- Identify best practices in healthcare delivery when working with individuals with intellectual and developmental disabilities across the life-course
- Consider innovations in healthcare delivery to ensure the needs of individuals with intellectual and developmental disabilities are met during COVID-19

12:25 PM
PST

(3:25 PM EST)

Closing Remarks

Elena Lopez | **Conference Co-chair**, MD, MSc, FRCPC, FCCMG, Clinical Geneticist, Developmental Pediatrician, Sunny Hill Health Centre for Children, Vancouver, BC

12:30 PM
PST

(3:30 PM EST)

Closing performance: Age Does Not Matter

Scott Jessey, Self-advocate, Qualicum Beach, BC

12:35 PM
PST

(3:35 PM EST)

ADJOURN

The times may change by +/- 30 minutes

POSTER LISTING

Trauma Informed Approaches for Supporting Individuals with Developmental Disabilities

Lorry-Ann Austin, MSW, RSW, Educator; Assistant Teaching Professor, School of Social Work and Human Services, Thompson Rivers University, Kamloops, BC, Canada

Susie Mayson, MEd, Educator; Mental Health Clinician, Developmental Disabilities Mental Health Services, Interior Health, Cranbrook, BC, Canada

Risks and Benefits for Children with FASD Receiving Child Welfare Services

Dorothy Badry, PhD, MSW, RSW, Researcher, Faculty of Social Work, University of Calgary, Calgary, AB, Canada

Lenora Marcellus, PhD, RN, Associate Professor, School of Nursing, University of Victoria, Victoria, BC, Canada

Autistic Traits and Social Competence Predict Depression Symptoms in Children with and without ASD

Troy Boucher, BA(Hons), Researcher, Autism and Developmental Disorders Lab, Simon Fraser University, Burnaby, BC, Canada

The Association Between Performance-Based Measures and Caregiver Ratings of Executive Functioning Among Children and Adolescents with Prenatal Alcohol Exposure

Kristene Cheung, PhD, Assistant Professor & Psychologist Candidate, Department of Clinical Health Psychology, University of Manitoba, Winnipeg, MB, Canada

Early Childhood Developmental & Educational Guidelines for Children with Fragile X Syndrome with Application to Other Rare Disorders

Jeanine Coleman, PhD, Researcher, University Professor, Morgridge College of Education, University of Denver, Denver, CO, USA

Tracy Stackhouse, MA, OTR/L, Executive Director and Program Director, Developmental FX, Denver, CO, USA

Transition to Adulthood for FASD Youth & Young Adults: Review of a Year-Long Pilot Project

Hélène Courchesne, Administrator/Manager/Planner, Planning and Funding Brokerage, Citizen Advocacy Ottawa, Ottawa, ON

Pascal Gagné, FASD Research Lead, Fetal Alcohol Resource Program, Citizen Advocacy Ottawa, Ottawa, ON

A Profile of Patients Diagnosed With Fetal Alcohol Spectrum Disorder in Asante Centre, BC in 2015-19

Danijela Dozet, MPH, Researcher, Institute of Mental Health Policy Research, Centre for Addiction and Mental Health; Institute of Medical Science, University of Toronto, Toronto, ON, Canada

A Secondary Prevention Model of Family Centred Positive Behaviour Support for Families of Children with Down Syndrome

Susan Fawcett, PhD, RSLP, Director of Therapy, Behaviour & Family Support, Programs & Services, Down Syndrome Resource Foundation, Burnaby, BC, Canada

Access and Equity: Evaluation and Quality Improvement of an Inner-City Pre-Kindergarten Screening Program Identifying Children With Neurodevelopmental Disabilities

Dallas Genereaux, MPH, Researcher, Division of Developmental Pediatrics, Social Pediatrics - RICHER Program, North Vancouver, BC, Canada

Hannah Kapur, BSc, Researcher, University of British Columbia Faculty of Medicine, British Columbia Children's Hospital Social Pediatrics, North Vancouver, British Columbia, Canada

Healthcare Services for Transition of Individuals with Autism to Adulthood

Parisa Ghanouni, PhD, Occupational Therapist, OT, Dalhousie, Halifax, NS, Canada

Development and Evaluation of the If Library: A Website Designed to Help People to Use Their Individualized Funding Effectively

Barry Isaacs, PhD, Researcher; Director, Research, Evaluation and Education, Surrey Place, Toronto, ON, Canada

Effects of Social Isolation and Loneliness in Children With Neurodevelopmental Disabilities: A Scoping Review

Celia Kwan, BHSc, University & College Program, Pediatrics, The University of British Columbia, Vancouver, BC, Canada

The Role of the Public Guardian and Trustee in Health Care Decisions for Adults - A Case Study Approach

Alison Leaney, Provincial Coordinator, Vulnerable Adults Community Response, Services to Adults, Public Guardian and Trustee, Vancouver, BC, Canada

Microboards and Quality of Life among Adults with Developmental Disabilities: Lessons from A University-Community Research Collaborative

Rae Morris, PhD Candidate, RCSW, School of Social Work, University of British Columbia, Vancouver BC, Canada

Timothy Stainton, PhD, Professor, School of Social Work, University of British Columbia, Vancouver BC, Canada

Celeste Borja, BSW, RSW, Research Assistant, School of Social Work, University of British Columbia, Vancouver BC, Canada

POSTER LISTING (CONTINUED)

School-Based Health Care for Youth With Developmental Disabilities: Update 2020

Diane Munz, MDCM, FRCPC, Physician, Developmental Pediatrics, McGill/ Montreal Children's Hospital, Westmount, QC, Canada

Check up Ready - Helping Clients Learn to Tolerate Medical Appointments

Meg Pickersgill, RN, BScN, BSc, Surrey Place, Toronto, ON, Canada
Mathurah Thangarajah, RN, BScN, BSc, Surrey Place, Toronto, ON, Canada

Mental Health Occupational Therapy for Adults with Intellectual Disabilities

Lillian Sun, OTD, OTR/L, Chan Division of Occupational Science and Occupational Therapy, University of Southern California, Los Angeles, CA, USA

Border Crossings: Self-Determination Through Checkpoints

Kathryn Underwood, PhD, Researcher, School of Early Childhood Studies, Ryerson University, Toronto, ON, Canada
Arlene Hache, MA, Researcher, Temiskaming Native Women's Support Group, Kirkland Lake, ON, Canada
Ronda Guenette, Educator, Keepers Of The Circle, Kirkland Lake, ON, Canada

Preparing Future Rural Early Childhood Special Needs Educators & Early Interventionists: Findings of a Scoping Review

Mary J. Stewart, MA, Faculty, Norquest College, Early Childhood, and UBC Faculty of Education, Early Childhood Programs, Vancouver, BC, Canada
Silvia Vilches, PhD, Assistant Professor, Auburn University, Human Development and Family Studies Extension Specialist, Family and Child Development, Alabama, USA
Maria (Mari) J. Pighini, Faculty, UBC Faculty of Education, Early Childhood Programs, Vancouver, BC, Canada

Recovery-Focused Support for Developmental Disabilities through a Cross-Ministerial, Multi-Disciplinary Program

Tanya Wasielewski, D.Ed. Ed Psych, R Psych, Care Manager, Community Outreach Assessment and Support Team (COAST), Alberta Health Services, Edmonton, AB, Canada

"What it Takes" - Parenting Individuals with FASD

Marsha Wilson, MA, Educator, Child Family and Community Studies, Douglas College, Langley, BC, Canada
Dorothy Reid, MA, Co-Chair, Family Advisory Committee, CanFASD, Abbotsford, BC, Canada

FASD Online Training Project

Marsha Wilson, MA, Educator, Child Family and Community Studies, Douglas College, Langley, BC, Canada
Dorothy Reid, MA, Co-Chair, Family Advisory Committee, CanFASD, Abbotsford, BC, Canada